

Circular hike to Freienbühl and Palmschoß

The little church of Maria Hilf at Freienbühl is not simply an ancient pilgrimage church, it is a magical place of rest and relaxation. The little church rises on a hill in the middle of the alpine forest, high above Bressanone, with a view of Mount Plöse.

About the hike:

- Difficulty: easy
- Trail length: 6.4 km
- Mere walking time both ways: 2 h
 - Ascent: 54 m
 - Descent: 422 m

Route and details here:

[Circular hike to Freienbühl and Palmschoß - Plöse](#)

